|  |  |  |
| --- | --- | --- |
| **Lesson Plan** | **Class:**  **7th Physical Education** | **Date:** 9/8/22 |
| **Topic:** Flag Football |
| **Learning Objectives** | **Standards** | **Materials** |
| The Student Will Be Able To:\* Complete the entirety of the lesson with less than 3 behavioral disruptions \*Understand the rules of flag football  | PA Standard:10.4.9.D10.5.9 A10.5.9.C | 44 flags 22 belts2 footballs |
| **Introduction** ❏ **Discussion Question**  ❏ Media ❏ Activate Prior Knowledge | **Strategies*** Peer Teaching
* Self Assessment
* Growth Mindset
 |
| Warmup: run 2 mins 30 seconds pushups30 seconds sit-ups |
| **Activities** ❏ Whole Group ❏ Small Group ❏ Cooperative Learning ❏ Centers |
| Review on route running and leading players when passingFlag football rulesFlag football gameplay |
|
| **Evaluation** ❏ **Observation** ❏ Worksheet ❏ Test ❏ Project ❏ Presentation ❏ Published Work ❏ Rubric |
| \*route running and catching ability\* ability to follow directions throughout gameplay  |
| **Differentiation** |
| *Enrichment* |  | *Accomodations* |  |
| Flag football gameplay |  | Throwing and catching distances, positions throughout flag football gameplay.  |  |

©Ashley Fox